

Who can help?

All the organisations listed below provide support and information to parents.

Ask Wiltshire

[Ask Wiltshire](#) provides free independent and confidential advice through the Family Information Service to parents and carers of children 0-19 years, and offers support through our Parent Partnership Service to parents and carers who have a child with a Special Educational Need.

Family lives

[Family Lives](#) is a charity that runs a free, confidential 24-hour helpline for parents. Call 0808 800 2222 to speak about any parenting issue, including bullying.

Bullying UK

The Bullying UK website, which is part of Family Lives, has a dedicated [area for parents](#).

Kidscape

[Kidscape](#) is an anti-bullying charity that runs a telephone advice line for parents and carers (0845 120 5204), and assertiveness training courses for young people who've been bullied.

There's extensive information for parents and carers on its website.

NSPCC

The National Society for the Prevention of Cruelty to Children (NSPCC) has an information sheet for parents called [Bullying: What can parents do?](#) [pdf, 87KB].

Childnet International

[Childnet](#) is a charity that promotes safe use of the internet by children. Its website has detailed information about bullying online, including a section for parents.

Contact a Family

[Contact a Family](#) provides advice, information and support to the parents of all disabled Children.