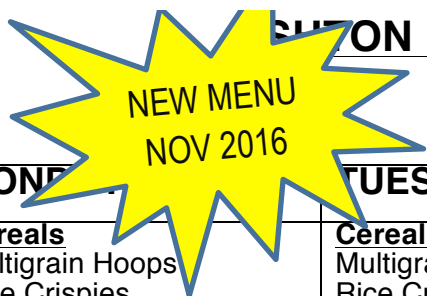


SUTTON KEYNES PRIMARY SCHOOL BREAKFAST CLUB MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Cereals Multigrain Hoops Rice Crispies Shredded Wheat Weetabix Cornflakes Porridge</p> <p>Fruit A variety of apples, oranges, Bananas, pears, etc. plus seasonal fruit when available</p> <p>Wholemeal Toast with sunflower spread, jam, marmite, honey</p> <p>Dairy products One variety available each day, i.e. yoghurts, etc.</p>	<p>Cereals Multigrain Hoops Rice Crispies Shredded Wheat Weetabix Cornflakes Porridge</p> <p>Fruit A variety of apples, oranges, Bananas, pears, etc. plus seasonal fruit when available</p> <p>Wholemeal Toast with sunflower spread, jam, marmite, honey</p> <p>Dairy products One variety available each day, i.e. yoghurts, etc.</p>	<p>Cereals Multigrain Hoops Rice Crispies Shredded Wheat Weetabix Cornflakes Porridge</p> <p>Fruit A variety of apples, oranges, Bananas, pears, etc. plus seasonal fruit when available</p> <p>Wholemeal Toast with sunflower spread, jam, marmite, honey</p> <p>Dairy products One variety available each day, i.e. yoghurts, etc.</p>	<p>Cereals Multigrain Hoops Rice Crispies Shredded Wheat Weetabix Cornflakes Porridge</p> <p>Fruit A variety of apples, oranges, Bananas, pears, etc. plus seasonal fruit when available</p> <p>Wholemeal Toast with sunflower spread, jam, marmite, honey</p> <p>Dairy products One variety available each day, i.e. yoghurts, etc.</p>	<p>Cereals Multigrain Hoops Rice Crispies Shredded Wheat Weetabix Cornflakes Porridge</p> <p>Fruit A variety of apples, oranges, Bananas, pears, etc. plus seasonal fruit when available</p> <p>Wholemeal Toast with sunflower spread, jam, marmite, honey</p> <p>Dairy products One variety available each day, i.e. yoghurts, etc.</p>
<p>Daily Option Beans on wholemeal toast</p>	<p>Daily Option scrambled eggs on whole meal toast</p>	<p>Daily Option Beans on toast scrambled eggs choice Cheese on toast Omelette varieties</p> <p style="text-align: right;">} free</p>	<p>Daily Option Omelette varieties to include plain, cheese, peppers, tomato, etc. Two options available each week.</p>	<p>Daily Option Cheese on wholemeal toast</p>
<p>Drinks Semi-skimmed milk Juice (orange, apple, tropical) Orange Squash Water Lactose free milk on request</p>	<p>Drinks Semi-skimmed milk Juice (orange, apple, tropical) Orange Squash Water Lactose free milk on request</p>	<p>Drinks Semi-skimmed milk Juice (orange, apple, tropical) Orange Squash Water Lactose free milk on request</p>	<p>Drinks Semi-skimmed milk Juice (orange, apple, tropical) Orange Squash Water Lactose free milk on request</p>	<p>Drinks Semi-skimmed milk Juice (orange, apple, tropical) Orange Squash Water Lactose free milk on request</p>

Children choose two options but not from the same category (i.e. not two bowls of cereal) plus drinks
 The above is available on a daily basis. For special events, i.e. world awareness events, Christmas, etc. a separate menu will be available.