



'Team AK' PE & Sports Updates - Term 1 & 2 - 2016/2017

New Kit!

Our year started with a delivery of two huge boxes full of goodies! Both were full to the brim with fantastic quality sports kit which I'm sure you will agree has our pupils looking incredibly smart. I have received several comments from other schools and event organisers on how professional Team AK look when representing our school and I'm glad to report that every child who has been lucky enough to wear the kit has really done their best for our team. Once again a huge thank you must go to Mrs Mee for



organising our marathon fundraising event, Claire Clarke and her team of FoAKS for ordering a fantastic quality and quantity of kit and of course CB Slade for sponsoring the printing.

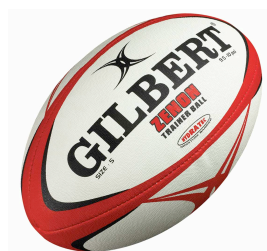
REAL PE - New Teaching Scheme

When we broke up for the summer holidays last year the AK teaching staff stayed on for one more day to take part in the final stage of our 'REAL PE' training. We all found the training inspirational and loved how the scheme is focused on celebrating and developing the fundamental skills needed for all sports and activities. The pupils have given us positive feedback and we are in discussions for our school to be used in a university level dissertation into the effectiveness of the scheme.



Rugby Festival

Our first event was one of our biggest of the year and we once again had the weather on our side as we and 25 other schools took part in a huge TAG Rugby festival at Cirencester Rugby Club. We enjoyed 6 close games in the morning with mixed results which entered us into the middle ranked round robin league in the afternoon. With every game our team cohesion and passion improved and when Mrs Saville joined us for these last games she was left feeling proud of the commitment and bravery of all the team especially as we were far less experienced than many of the other teams. I'm really looking forward to having another chance to see Team AK try for tries again soon.



Sports Hall Athletics

We entered a team into both the Year 3&4 and Year 5&6 events held at Kingshill School. In these indoor events participants scored points with every event they took part in which included many variations of running, jumping, throwing and relays. These events are well established so the standard is very high and the difference between 1st and 3rd was incredibly close at both events. Our Year 5/6 team finished third and our Year 3&4 team finished second. Due to the size of the schools we competed against our Year 5/6 team have qualified for the district event in the New Year which we are very much looking forward too.



Football

Team AK put their boots on twice this term with our girls enjoying the girls' only festival at St Sampsons and the boys competing at the invite only tournament of 16 at Cirencester Primary. The girls saw a lot of action in both boxes with goals shared across the team with Evie Edmonds bravely performing heroics in goal to keep the ball out. The boys had to battle the most horrible conditions but managed to win 2 and draw 2 on their way to a mid table finish. Well done Boys and Girls!

Netball

Miss Igoe has had huge interest in her Netball club and things are looking very bright as many of her members are from the younger years in KS2. Her older members have had the chance to represent the school at two events and performed well at both. At Kingshill the team scored in every match they played and at RWBA the team met some strong opposition on much larger courts than we are used to but still performed well to finish 5th. A special mention goes to Lucy Clark for being the youngest at the tournament but competing well even against the tallest of year 6 opponents.



BIG Thank You!

Firstly it goes without saying that we wouldn't have been able to attend any of these sporting opportunities if it wasn't for the kind transport pledges from parents/family members so we want to say a massive thank you for your continued support. Also a big thank you needs to go to Mrs Saville, Miss Igoe, Mrs Campbell and Mrs Edmonds who have all given up their time to enable Team AK to get to events that otherwise we would not have been able to enter.

PE Kit

When Cross is followed by Country it normally produces a bit of a marmite reaction between us adults and that's normally because of our experiences at school. Lucky for our current AK pupils every time we step onto the field for our runs we make sure that everyone is running for a reason as the mental and motivational side of these endurance events is often more important than the legs and lungs. However it's very hard to have a positive experience if you're not wearing appropriate kit for warmth and movement. Trainers, jogging bottoms and lightweight fleeces/coats are all a must for winter PE sessions but currently more than half the pupils in each class only have their summer PE kit. Please help us create positive experiences in PE by ensuring your child doesn't get unnecessarily cold or wet. Thank you for your support!

Sports Fun in the Christmas Holidays

AKP will be hosting an iCan Multi-Sports Coaching day on Monday 19th December from 10.00am-3.00pm. It's the perfect opportunity for children aged 4-11 to have fun being active and doubles up as chance for mums and dads to get their Christmas shopping/wrapping done. For full details visit www.icansportscoaching.co.uk.

What's next?

After the Christmas break events we are looking forward to include Cross-Country Running and Hockey along with a few more Football and TAG Rugby opportunities.

Mr Tanner

PE Co-ordinator & Coach