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THE WHISPERER



December 2014 Edition 1

Welcome to the first edition of *The Whisperer*. This newsletter is designed by children of AK school, to help you understand more about what's going on at school and covering current topics that are relevant to us as pupils, even a few topics the teachers would rather we didn't talk about.

Many of you may play an instrument, guitar, piano etc.; but not many play the fantastic violin. The violin is a wonderful instrument that is used in many famous compositions but is often forgotten. The school has a violin teacher who is looking for as many people as possible to teach. If numbers are not met then the lessons will not be able to continue. **DO YOU WANT TO LEARN TO PLAY THE VIOLIN? GO TO THE OFFICE TO GET A LETTER. "This is a wonderful instrument to learn to play. It is hard at first but then you learn quickly"** Caitlin



Years 5 and 6 have made class blogs. A blog is where you put on a sort of small recount of an activity and people all round the world can see it. The links are

www.kidblog.org/mrsvossclass6 & www.kidblog.org/missthomasclass5

Newsletter 1st Edition by
Team leader: Oliver Kocharski

Keeping well over winter is essential. You are extremely prone to viruses and bacteria that invade your body and make you ill. You can catch loads of different illnesses: mucus cough, sore throat, cold, tonsillitis the list just goes on and on. Just follow these simple steps and you are less risk prone.

WASHING YOUR HANDS- doing this is extremely important. To make sure you wash your hands for long enough hum the song, Happy Birthday, and then you are done.

COUGHING IN A TISSUE- this is one that sounds like nothing but is important. How would you feel if you contaminated your class mates: sad? Disappointed? Shamed? Definitely. So why not help yourself and your friends.



This is what coughing looks like in slow motion. This lands on your face when someone doesn't cover their mouth.

FRUIT OF THE MONTH!



Apples are an awesome fruit. This fruit has been picked for the Fruit of the Month award as it helps prevent a cold. This amazing fruit does that by having a high amount of Vitamin C , Vitamin B1, B2 and B6 , Vitamin A and folic acid. Different varieties of apples taste different so there are no excuses for not liking them. For example, a green apple (AKA a granny smith) has a distinctive sour taste whereas a red apple (Gala) has a sweet , juicy flavour!

Task time!

As part of the star Challenge at AK, we would like everyone to create their own star.



Design and make your very own star. It will need your name incorporated onto the front of the star. The stars will be displayed around our school in the New Year. **Simply have it in by the 7th of January 2015 to Year 6 with your name and class on the back.**

About our value: Hope -

Once you choose hope, anything's possible. ~Christopher Reeve

Saying of the month - You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You're on your own. And you know what you know. And YOU are the one who'll decide where to go..." - **Dr. Seuss**

Funniest picture of the month

This picture was picked because it is the one and only upside-down dog.



SPORT OF THE MONTH



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Tennis is a great sport and is our sport of the month as it can be played indoors, ideal for winter and also outdoors. This game requires power and a good, steady technique. Anonymous in KS2 quoted "This is great