



'Team AK' PE & Sport Newsletter - March 2016 (Term 3 & 4)

It's been a great start to the year by all of 'Team AK' in both P.E. and sporting events. Across the two terms we have represented 'Team AK' at 5 events/fixtures, all with great success! We wouldn't have been able to attend any of these sporting opportunities if it wasn't for the kind transport pledges from parents/family members so we want to say a massive thank you for your continued support.

For those pupils in KS2 who are willing and able to brave the wintery conditions term 3&4 is always dominated by one sport - Cross Country Running. This year we offered our pupils an extra chance to develop their stamina and confidence at our first Cross-Country After-School Club which turned out to be very popular. It was an absolute pleasure to attend each the races at Deer Park, Farmors and Kingshill and I really hope we can take even more runners next year. The conditions for each race was either particularly cold, wet or both which made the achievement of all of our runners even more impressive. It's hard to single out individuals when everyone did so well but Enzo W-G, Rachel Buckle, Kirsten Powell all consistently finished in the top 5 runners. Well done everyone who took part!

Kingshill also hosted our Yr6 TAG Rugby team who performed superbly well against opposition who were full of experienced rugby players. But what we lacked in experience we more than made up for with bravery, commitment and perseverance. In a tough group we managed to win 2 and draw 1 which meant we qualified for the Semi-Final. We lost to the eventual winners and I really hope everyone who was lucky enough to be selected to attend is looking forward to learning contact rugby next year at secondary school



Our KS2 Netballers were also in action this term. Kingshill again hosted the annual 'Hi5' Netball festival for the schools in our cluster and once again the Young Leaders were brilliant at warming up the girls and officiating the games. The festival was a round robin format of 8 minute games which made for some incredibly close games. Team AK managed to win 1, draw 1 and only lost 1 game which was enough for them to finish in third place. A massive thank you goes to Miss Igoe and Miss Noonan who once again gave up their time for Team AK. 4th (3 points off first place

In school curriculum sessions we have been working on Cross-Country running, Basketball, Hockey and Circuit training. Meryl has once again visited us to work her Zumba magic and all in all the pupils have focused well in unpleasant weather conditions to continue their sporting development.

After the Easter break we enter into the summer term so we can look forward to Athletics, Tennis, Cricket and Rounder's amongst other exciting sports. Also Mrs Mee has an amazing fundraising idea of a class marathon challenge in which every pupil runs part of their class marathon. Lastly planning is well underway for our second 'AK Sports Week' (w/c 27th June) concluding with sports day on Friday 1st July. AK Sports Week will once again put the spotlight on all the benefits sports and activities can have on our lives, what opportunities are available in our community and how sport can bring people together.