



'Team AK' PE & Sports Updates - Term 1 & 2 - 2017/2018

Another exciting year for Team AK - be part of it!



Last year was incredibly successful in so many ways for Team AK. We found out over the summer that we had achieved the gold award for our sports provision and participation and we are very proud to be recognised in this way. So this year we have had to really think about how we can maintain this positive energy towards Sport & PE across this year too.

One major 'WOW' moment is going to be the installation of an all weather sports pitch in the New Year. The funds to provide such an incredible facility have nearly all come from the generosity of

AK School Families and the hard fundraising work of the incredible FoAKs teams. We will be holding events after school each term for families to sign up for and enjoy. We hope to combine our first event with the opening of the SMOOGA. Please look out for these being advertised via emails and posters after Christmas.

Our aims for this year:

- To get every pupil involved in a sports festival at either Intra-School or Inter-School level.
- To establish and sustain sports leadership opportunities for all pupils to enjoy every lunch time.
- To increase the number of events and teams we attend to support the increasing interest in representing Team AK.

Water Sports

Here's an event report from our Yr6 School Sports Media Manager Daniel Gimmler:

"On the 3rd of October 2017, 26 members of Year 5 and 6 went to the South Cerney Outdoor for a day of water sports. They had a blast doing Canoeing, Kayaking and Sailing. First they put on our wetsuits, helmets and buoyancy aids and they were ready to go! In sailing they learned how to tack; a tacking manoeuvre is where you turn around as the sail swings to the other side. They also did canoeing. In canoeing, everyone went in twos. We had a splash wars: The splash wars is a fun game where two canoes face each other, they both spin round at the same time and the first team to do a full rotation gets to splash the other team with their ores. In kayaking, everyone played tag on the water: The instructor gave someone a ball and that person had to throw it into a boat. If it landed in your boat, you were then it. They also learned to do a 360 degree turn."

Sports Hall Athletics (SHA)

We entered a team into both the Year 3&4 and Year 5&6 events held at Kingshill School. Therefore 36 pupils got the chance to represent our school, some for the very first time. In SHA participants scored points with every event they took part in which included many variations of running, jumping, throwing and relays. These events are well established and are contested at a very high standard. The difference between 1st and 3rd was incredibly close at both events. Congratulations to everyone who took part and a special mention to our Year 3&4 team finished 2nd!

Football

We are so lucky at Team AK to have such a friendly local football club right on our doorstep (Ashton Keynes Youth Football Club) and as a result we have lots of interest in football by boys and girls throughout the school. To try and support this interest we are entering as many teams as we are allowed to more events than ever before. Already we have had 10 Year 1&2's who attended an event at Royal Wotton Bassett Academy for pupils who don't currently play for a local club. Great fun was had by all and I'm hoping to hear that some of our minis have made enquires in how to join AKYFC. Also we have entered 2 Girls Only Festivals and shown a brilliant mixture of skill, determination, team spirit and bravery to do really well scoring lots of goals in the process. We also entered a Year 3&4 team into a tournament held at the indoor Cirencester Arena



where we finished 3rd out of 7 teams. And our older pupils did really well at the annual Cirencester Primary tournament where I'm delighted to have been able to have taken 2 teams. Here is Daniel Gimmlers event report:

"During November, a selection of Year 5 and 6s were chosen to go and compete in a very special football tournament. It took place at Cirencester primary school, where there were four pitches ready for them to play in. Despite the rain, the two teams (Team A and Team B) played their socks off to represent their fantastic school. Before the semi-finals Mrs Tim gave the teams some delicious flapjacks to give them a final boost of energy. The two teams did exceptionally well and they are very proud of themselves. During the semi-final, one of the organisers walked up to Mr Tanner and said, "Hi, are you with Ashton Keynes? I love how your team had a big group hug at the end even though they didn't win. Their behaviour and sportsmanship is phenomenal!"

Netball

Miss Igoe has again had huge interest in her Netball club and we have already gone to two festivals, taking two teams to one also! The teams did really well and grew with confidence as the events went on. We are hoping to get some new netball posts next year so our children can practice safely more often.



BIG Thank You!

Firstly it goes without saying that we wouldn't have been able to attend any of these sporting opportunities if it wasn't for the kind transport pledges from parents/family members so we want to say a massive thank you for your continued support.

PE Kit & Cross Country

"Cross Country"... it normally produces a bit of a marmite reaction between us adults and that's normally because of our experiences at school. Luckily the days of pointless running in pants and vests are long behind us and we make sure



every time our AK pupils step onto the field they are running for a good reason that means something to them. The mental and motivational side of these endurance events is often more important than the legs and lungs. However it's very hard to have a positive experience if you're not wearing appropriate kit for warmth and movement. Trainers, jogging bottoms and lightweight fleeces/coats are all a must for winter PE sessions but currently more than half the pupils in each class only have their summer PE kit. Please help us create positive experiences in PE by ensuring your child doesn't get unnecessarily cold or wet. Thank you for your support! The picture is our Year 3&4 team who finished 2nd at the annual Bradon Forest XC Team Challenge. In the Summer we are looking to launch a 'Jogging for bottoms' challenge to raise money for AKPS

jogging bottoms as part of our wonderful team kit, we will let you know more nearer the time.

Sports Fun in the Christmas Holidays

Our school will once again will be hosting 'iCan Multi-Sports' Coaching days on Thursday 21st & Friday 22nd December from 10.00am-3.00pm. It's the perfect opportunity for children aged 4-11 to have fun being active and doubles up as chance for mums and dads to get their Christmas shopping/wrapping done. For full details visit www.icansportscoaching.co.uk.

What's next?

After the Christmas break events we are looking forward to include Cross-Country Running, Handball, Swimming Gymnastics, Tag Rugby along with a few more Football opportunities. We are also working hard behind the scenes to plan another incredible sports week for the Summer and Mrs Saville has organised street dance workshops for every class in the Summer term. Wow, so much sport and activity to look forward to!

Mr Tanner

PE Co-ordinator & Coach