



The most important thing about PE is enjoyment

We are healthy and active

We learn to work as a team

We learn to compete with respect

And we develop the fundamental skills, becoming increasingly confident and competent in a range of disciplines

But the most important thing about PE is enjoyment

We teach our children the importance of keeping themselves healthy, active and making the right choices. Our annual sports week provides sport in a diverse way to aim to involve as many pupils as possible in activity. Some sports we offer include: wheelchair basketball, archery, table tennis, golf, Zumba, pro scootering, pro skateboarding, visits from inspirational speakers such as Olympians or individuals who have challenged themselves against all odds to achieve in sport. Weekly we have a qualified sports coach who trains our staff and teaches PE at our school for all classes. PE sessions are based upon our star challenge approach with children all participating in regular high quality exercise and sport/PE skill development leading to competitive team game participation. Our children receive high quality PE provision and regularly compete against other schools ([See sports section](#)). There are a wide range of sports clubs on offer for all age children ([see club list](#)) as well as opportunities to represent the school in a range of sporting teams including: football, netball, dance, rounders, tag rugby, cross country, district sports and sports hall athletics.