		Monday	Tuesday	Wednesday	Thursday	Friday	Added Plant Power
Week 1 28/02/2022 21/03/2022 25/04/2022 16/05/2022 13/06/2022 04/07/2022	Option 1	Tomato & Vegetable Pasta	Jerk Chicken with rice	Roast Gammon, Roast Potatoes & Gravy	Beef meatballs with Mash & Gravy	Fishfingers or Salmon Fishfingers with Chips & Tomato sauce	Vegan Wholemeal
	Option 2	Vegetable loaf with new potatoes	Vegan sausage hotdog in a bun with wedges	Vegetable Wellington with Roast Potatoes & Gravy	Vegan Spaghetti Bolognaise	BBQ Quorn fillet with Chips & Tomato sauce	Available
	Option 3	Jacket Potato with filling	Packed lunch on a plate	Jacket Potato with filling	Jacket Potato with filling	Jacket Potato with filling	Daily:
	Vegetables	Carrots Peas	Sweetcorn Broccoli	Cauliflower Green beans	Sweetcorn Carrots	Baked Beans Peas	- Freshly cooked jacket potatoes with a
	Dessert	Fruit crumble with custard	Apple & Raisin Flapjack	Orange & cinnamon cookie	Chocolate sponge with chocolate sauce	Peaches & Ice Cream	choice of fillings (where advertised)
		Or a choice of Yoghurt & Fresh Fruit available daily					- Bread freshly
	baked a daily						
Week 2 07/03/2022 28/03/2022 02/05/2022 23/05/2022 20/06/2022 11/07/2022	Option 1	Macaroni Cheese	Spaghetti Bolognaise	Roast Chicken, Roast Potatoes, stuffing & Gravy	Sausage & Mash with gravy	Battered Fish with Chips & Tomato sauce	- Daily salad selection
	Option 2	Vegan Sausage roll with Wedges	Vegan Burger in a bun with wedges	Roast Quorn, Roast Potatoes, Stuffing & Gravy	Veggie chilli & rice	Cheese & bean Pasty with Chips	ALLERGY INFORMATION:
	Option 3	Jacket Potato with filling	Jacket Potato with filling	Jacket Potato with filling	Packed lunch on a plate	Jacket Potato with filling	If you would like to know about particular
	Vegetables	Sweetcorn Broccoli	Peas Carrots	Savoy Cabbage Carrots	Green beans Sweetcorn	Baked Beans Peas	allergens in foods please ask a member of the
	Dessert	Lemon Berry Cake	Chocolate & Beetroot Brownie with chocolate sauce	Summer fruit sponge	Raspberry jelly & mandarins	Apple, Cheese & Crackers	catering team for information. If your child has a school lunch and
		Or a choice of Yoghurt & Fresh Fruit available daily					has a food allergy or intolerance you will be asked to
Week 3 14/03/2022 04/04/2022 09/05/2022 06/06/2022 27/06/2022 18/07/2022	Option 1	Cheese & Tomato Pizza	Chicken Fajita with rice	Roast Turkey, Roast Potatoes & Gravy	Beef Burger in a bun with Wedges	Fishfingers with Chips & Tomato Sauce	complete a form to ensure we have the necessary information to
	Option 2	Falafel with herb rice	Vegetable lasagne	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegetable curry with rice	Southern style vegan burger (no bun) with Chips	cater for your child. We use a large variety of ingredients in the
	Option 3	Jacket Potato with filling	Packed lunch on a plate	Jacket Potato with filling	Jacket Potato with filling	Jacket Potato with filling	preparation of our meals and due to the nature of our
	Vegetables	Green Beans Coleslaw	Peas Sweetcorn	Carrot Broccoli	Sweetcorn Rainbow slaw	Baked Beans Peas	kitchens it is not possible to completely
	Dessert	Eves pudding with custard	Pear & Chocolate upside cake	Marble Sponge	Vanilla sponge with Custard	Vanilla Shortbread	remove the risk of cross contamination.
		Or a choice of Yoahurt & Fresh Fruit available daily					