



Friday 10th February 2023

Dear Parents and Carers,

Shining Brightly:

What a busy but brilliant few weeks we have had. This last week we have been truly delighted by how well our Wellbeing Week has gone and I would like to share some highlights with you.

Area of Excellence in Wellbeing and Mental Health

Every year we subscribe to a review with Challenge partners to help us reflect on what we are doing well and help us reach and ensure we are always providing the best we can for your children. The review took place during this week and I am delighted to let you know that we had accredited an area of excellence in Wellbeing and Mental Health. We produced evidence of all the work we do all year and this was quality assured by the reviewer. It was perfect that this fell during National Children's Mental Health Week and the visitor was able to see what we had planned for parents and families. We aim for an accredited area of excellence each year and then are invited to share this leading practice with national leaders. I am delighted we have achieved this as it is a crucial part of primary school, ensuring our pupils mental health and wellbeing are supported and we empower them to know how to do this for themselves and one another through our comprehensive curriculum framework.

Mental Health and Wellbeing Week Success

Today, I delivered a worship to your children to assess what they have learned about the 5 ways to wellbeing and ensure they can articulate these and give examples of why they are important and how they are

practicing these in their daily life. The wellbeing ambassadors have been very busy collecting book marks, talking with children, giving out stretchy people and some well-earned orange wellbeing stars. Our visitor said that my high expectations could be seen modelled through the ambassadors as they were really ensuring children had earned their stars and could really understand and apply the 5 ways before being given their stars! The wellbeing ambassadors say that they still have some stars to hand out for those that have earned them, but will give these after half term as they ran out of time! We all sang the new 5 Ways to wellbeing song with gusto and passion and our ambassadors led some dance move actions to accompany the song for the whole school. It was brilliant and very moving!

This week the ambassadors and Year 5 shadow ambassadors (who will take over in Year 6) led playground activities related to the 5 ways and we saw some brilliant activities taking place and everyone active, connected, learning, noticing and giving at play!





Year 5 and 6 experienced resilience workshops from Caroline Sidell and every class had a special ELSA workshop with our highly experienced team of ELSAs (emotional literacy support assistants) (Mrs. Lange, Miss. Harrold and Mrs. Marsh) creating very thoughtful wellbeing displays.

Each day there was a special worship dedicated to the 5 ways including MISP (Massage in schools programme) with Mrs. Saville for GIVE and today where we shared the children's brilliant 'dress to express' outfits along with raising money for Place2 Be children's mental health charity.



All year groups accessed resources from Place to be and some signed up for the Taskmaster national children's challenge!

After school every day there was a workshop for families for each of the 5 ways and they were brilliant. I loved attending Mrs. Marsh's notice workshop to share relaxation and mindful techniques which we use in school



and Michelle's amazing sleep workshop which I will be applying to my own life!

Michelle has offered to do the workshop again on zoom to support many of you who really wanted to attend but couldn't due to work so this is very kind and appreciated. MISP (massage in schools programme) was great on Tuesday and already people are applying this simple visual routine at home with their families which is great to hear! Today Meryl is

keeping us active with Zumba from 3.15 until 4 so please come and join us and enter half term with a spring in your step and a smile on your faces!

It has really been a brilliant week- I am so thankful to all who have contributed and given their time and especially to my Year 6 wellbeing ambassadors who have worked their socks off! When you are next in school take a look in the hall at the wellbeing display and you will see some of the amazing work created this week.



Wellbeing and mental health are embedded in our shine curriculum but we will endeavor to do this special week every year in line with children's mental health week and the Year 5 shadow wellbeing ambassadors will lead it with me next year and are already planning ideas! If you would like any further





suggestions to support with this at home you can find them here: [Families - Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](http://Families - Children's Mental Health Week (childrensmentalhealthweek.org.uk))

Stay and Share Dates

I loved, this week, seeing Year 4 class play their ukuleles and then share their books with their parents and carers and have learning conversations about what they have been learning in class. Make sure you know when your class session is, dates have been sent out for all classes.

New Mid -Year report formats

On Friday 10th March, ahead of our parent consultation evenings, Children in Years 1-6 will be given a mid-year report to bring home. We have adapted these to make them really clear to read and match the annual report colour coded format. At the parents evening following this, you will have had this report and been to stay and share to celebrate how your children are shining and to discuss learning so can really focus on next steps to support the children in school and home before the end of year. Year R will share how the children are doing at the appointment so they can discuss how this is assessed differently to Years 1-6. All classes will receive a full annual report in July.

May I take this opportunity to thank you for being so supportive of our school and to wish you all a happy half term with your children. We will return to school on Tuesday 22nd February as Monday 21st is a TD day to give at least one day overlap for you with the changed Gloucestershire dates. I should by then have our Ofsted report to share with you.

Your very proud Headteacher,
Mrs. Saville

Tuesday 21 st February	8.45am Term 4 starts for all pupils
Friday 10 th March	Mid-year reports out to parents in Years 1-6
Monday 6 th March 3.15pm	Online sign up for parents' evenings opens
Monday 13 th march until Thursday 16 th March	Parents evenings at AKPS
Thursday 30 th March	9am Heroes and Heroines Including presentation of our WIRE+ Gold Award from the Diocese
Friday 31 st March	3.15pm End of term 4

