

6 Simple steps

- Check if your baby is breathing
- Call for Help Dial 999
- Give 5 rescue breaths

- Give 30 compressions
- Give 3 rescue breaths
- 6 Continue CPR until help arrives

Simply scan and follow on YouTube via the QR code below for your COMPLETE GUIDE TO BABY CPR it may just be the most important thing you do today!





Help save more babies lives!

